



# **WELCOME**

**GINA GAMBARO**

Director, Marketing &  
Business Development

# Asking a question is easy!

## ➤ About the topic being presented —

- ❖ Click on the **Q&A** icon at the bottom of your screen
- ❖ Type your question & hit Enter
- ❖ Questions will be answered at the program's end, or offline if time runs out

## ➤ About technical issues or CE credit —

- ❖ Click on the **Chat** icon at the bottom of your screen
- ❖ Type your question & hit Enter
- ❖ Our team will reply to your question right away

## Housekeeping notes

- ▶ This webinar is being recorded for on-demand access later, after the series' conclusion
- ▶ To earn CE, you must attend the entire session
- ▶ **For those sharing a computer**
  - Complete a manual sign-in sheet before the program ends
  - Go to **Chat** to access the link for the sign-in sheet
  - Each participant must complete an evaluation to obtain CE credit
  - Instructions will also be emailed to the program registrant



***Where We Stand Now —  
Recap of Regulations and Surveys  
After COVID***

# Introduction



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*Bureau Chief, Long Term Care  
Office of Healthcare Regulation  
Illinois Department of Public Health*

# Agenda

01

Most cited  
deficiencies and  
compliance issues

02

Understanding of  
the survey cycle

03

National and  
State Policy  
Agenda

# Most cited deficiencies and compliance issues



Tag	Tag Description	# Citations	% of Providers Cited
F689	Free of Accident/Hazards/Supervision/Devices	721	59.5
F880	Infection Prevention & Control	411	46.6
F677	ADL Care Provided for Dependent Residents	394	36.4
F684	Quality of Care	391	37
F686	Treatment/Services to Prevent/Heal Pressure Ulcers	374	37
F600	Free from Abuse or Neglect	279	27.1
F690	Incontinence/Catheter/UTI	266	29.7
F812	Food Procurement/Store/Prepare/Serve/Sanitary	232	30.4
F761	Label/Store Drugs and Biologicals	225	30.1
F755	Pharmacy services/procedures/records	188	21.7
Tag	Notable Mention		
F609	Reporting of alleged violations	181	18.80
F610	Investigating/preventing/correcting alleged violation	173	19.30
F758	Free from unnecessary psychotropic medications	138	19.00

## Top 10 Skilled Nursing/Nursing Facility Deficiencies Cited by IDPH in 2021



# LOOK BACK — TOP 10 DEFICIENCIES

Tag	Tag Description	2021 Citations	2020 Citations	2019 Citations
F689	Free of Accident/Hazards/Supervision/Devices	721	360	609
F880	Infection Prevention & Control'	411	295	470
F677	ADL Care Provided for Dependent Residents	394	164	326
F684	Quality of Care	391	184	323
F686	Treatment/Services to Prevent/Heal Pressure Ulcers	374	228	363
F600	Free from Abuse or Neglect	279	87	134
F690	Incontinence/Catheter/UTI	266	96	336
F812	Food Procurement/Store/Prepare/Serve/Sanitary	232	64	292
F761	Label/Store Drugs and Biologicals	225	49	187
F755	Pharmacy services/procedures/records	188	113	216
	<b>Notable Mention</b>			
F609	Reporting of alleged violations	181	66	128
F610	Investigating/preventing/correcting alleged violation	173	68	116
F758	Free from unnecessary psychotropic medications	138	48	167

# LOOKING AHEAD — TOP 10 DEFICIENCIES

Tag	Tag Description	2022 Projected*	2022 Citations (June)	2021 Citations
F689	Free of Accident/Hazards/Supervision/Devices	588	196	721
F880	Infection Prevention & Control'	366	122	411
F677	ADL Care Provided for Dependent Residents	384	128	394
F684	Quality of Care	351	117	391
F686	Treatment/Services to Prevent/Heal Pressure Ulcers	315	105	374
F600	Free from Abuse or Neglect	252	84	279
F690	Incontinence/Catheter/UTI	177	59	266
F812	Food Procurement/Store/Prepare/Serve/Sanitary	222	74	232
F761	Label/Store Drugs and Biologicals	171	57	225
F755	Pharmacy services/procedures/records	195	65	188

## Related CFR & F-tags

**483.15 Administration & Personnel:** 17 F-tags including one substandard quality of care

**483.35 Nursing Services:** 8 F-tags most related to staffing, competency

**483.24 Quality of Care:** 16 F-tags all potential for substandard quality of care

**483.10 Resident Rights:** 35 F-tags 6 potential substandard quality of care

**483.12 Resident Abuse:** 9 F-tags all potential substandard quality of care

**483.90 Physical Environment:** 21 F-tags

# Administration/Personnel Allegations

Failure to follow  
abuse policies  
and procedures

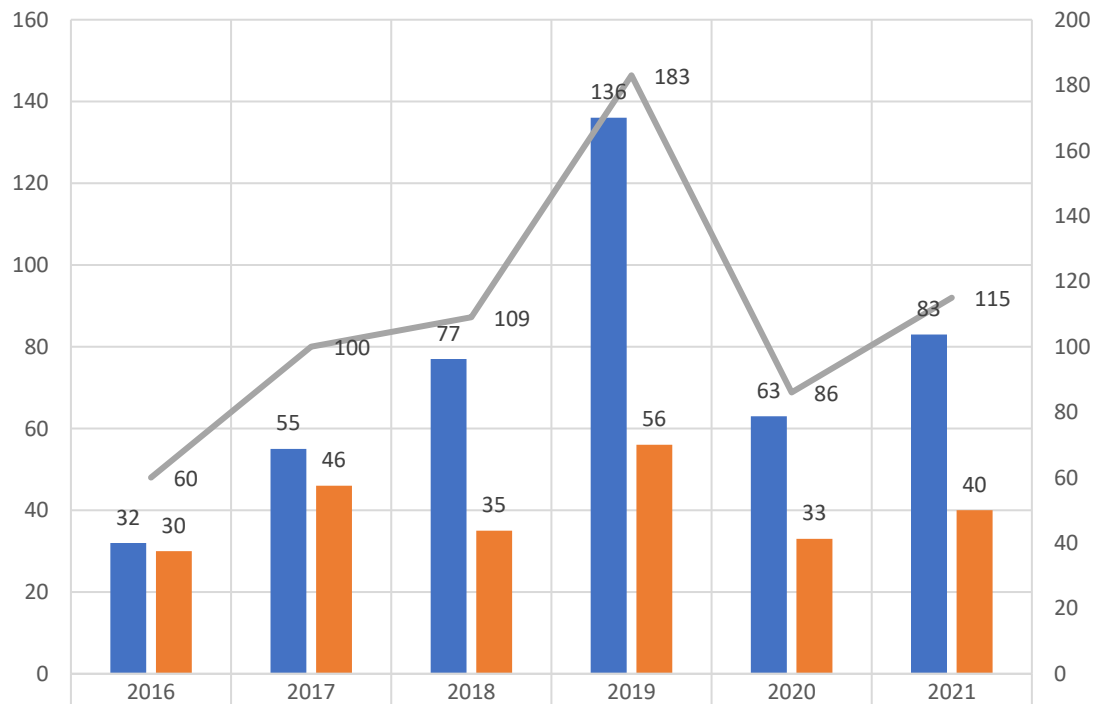
Background  
checks not  
completed

Unlicensed staff  
working in  
facility

Failure to report  
serious injuries  
to IDPH

Inappropriate  
staff behavior

Failure to  
release medical  
records



F725	32	55	77	136	63	83
F727 RN 8hr/7day/FT DON	30	46	35	56	33	40
Number of Surveys	60	100	109	183	86	115

■ F725    
 ■ F727 RN 8hr/7day/FT DON    
 — Number of Surveys

# Nursing Services Allegations

◆ Predominantly staffing related

## Quality of Care Allegations

- ❖ Improper infection control practice
- ❖ Call lights not answered
- ❖ Medication not administered per physician's order
- ❖ Improper incontinent care
- ❖ Failure to prevent pressure ulcers
- ❖ Lack of MD notification change in condition

# Resident Abuse & Rights Allegations

Retaliation

Visitation  
restricted/denied

Dignity issues

Staff refusing to  
provide care

Moving call lights  
out of reach

Facility took  
personal  
items/searched  
belongings



## Examples of Non-Compliance

- Failed to keep cleaning supplies out of reach, resident with dementia ingests, hospitalized with esophageal damage
- Failed to apply a smoke apron and resident suffered 3rd degree burns
- Failed to move bed away from radiating heater causing 3rd degree burns on physically impaired resident
- Failed to use two persons to transfer/mechanical lift, fall and subdural hematoma, death
- Failed to supervise while toileting, falls with injuries

# Accidents, Hazards & Supervision

# CMS Enforcement Actions for Deficiencies

## Types of Enforcement Actions

- Plans of Correction (including Directed)
- Discretionary Denial of Payment for New Admissions (DOPNA)
- Denial of Payment for all Residents
- Directed In-Service Training
- Civil Money Penalties

## Total Enforcement Actions

- 2021: 1,535
- 2020: 1,285
- 2019: 246
- 2018: 244

## State Violations

Licensure Findings & Violations separate from Federal enforcement cycle and may include:

- Plans of Correction
- Money penalties

# The Regulatory Maze

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Secretary of State Index

[Illinois Register \(ilsos.gov\)](https://ilsos.gov)

[Illinois Register 2020 Yearly Index \(ilsos.gov\)](https://ilsos.gov)

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SIREN

[SIREN \(illinois.gov\)](https://illinois.gov)

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Advisory Boards

[Long-Term Care Facility Advisory Board\(illinois.gov\)](https://illinois.gov)

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Joint Committee on Administrative Rules Joint Committee on  
Administrative Rules

[TITLE 77: PUBLIC HEALTH : Parts Listing](#)

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Centers for Medicare & Medicaid

[Policy & Memos to States and Regions | CMS](#)

# Understanding the survey cycle

## *Preparing for the onsite survey process*

- **Planning for the annual survey**

- *Appoint a responsible party for survey preparedness*
- *Responsible party should have a working knowledge of the CMS Regulations, CFR, SOM, NHCA, and Administrative Rules*
- *Develop a survey folder/binder which is reviewed at least quarterly with your team*
- *Keep all previous annual, complaint surveys and Statements of Correction within your folder/binder*
- *Ensure all deficiencies from prior surveys have been addressed in accordance with any previous POC*
- *Address major survey areas which will be covered in an annual survey*
- *Have all required documents for staff/administration in your folder/binder*
- *Review all policies in your facility to ensure they are current, revise policies if required*
- *Prepare and educate staff on the survey process and what to expect during a survey*
- *Plan a mock survey 2-3 months before the annual survey time frame*
- *Prepare any questions or queries you may have for the surveyors prior to visit*

- **Major areas reviewed during an annual survey**

- *Resident Rights, Abuse/Neglect, Assessments, Care Plans, Quality of Life/Care, Physician and Nursing Services, Medication/Pharmacy Services, Behavioral Health, Administration and Training, Nutrition, Infection Control and Physical Environment*



Onsite survey: observation, interview, record review



Writing the statement of deficiencies



Supervisor review



Plan of Correction Review



Transmittal to compliance assurance



Initiating enforcement



Facility Compliance



Appeals

## Survey Process



## SURVEY EXIT DATE OPENS AN ENFORCEMENT CYCLE

State issues the SOD to Facility within 10 business days

30-45 DAYS OPPORTUNITY TO CORRECT if only Level 2 deficiencies (45 days)) or a G tag that the facility does not have a history of G or higher back to and including the last annual survey and the tag is not in a SQC category (30 days).

As a courtesy, the State provides a 70 DAY notice of mandatory DOPNA

3 MONTHS is mandatory Denial of Payment for New Admissions

6 MONTHS mandatory Termination of Medicare and Medicaid Certification

## TIMELINE

# Enforcement Process

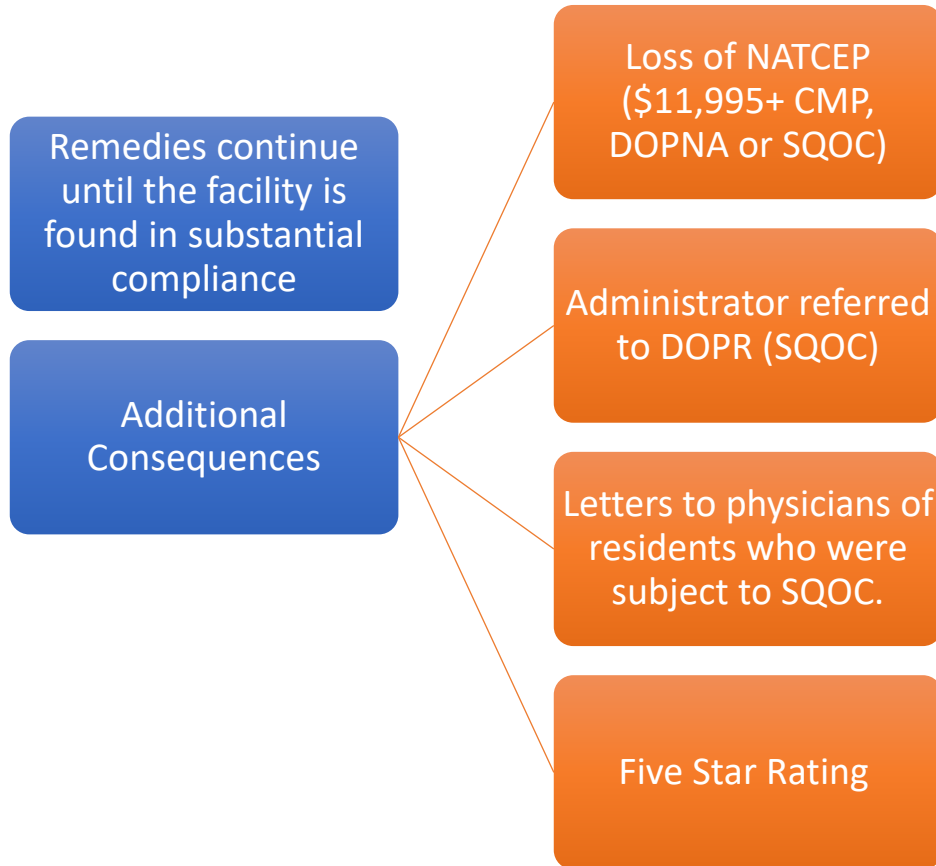
“D” or above begins survey (enforcement) cycle

DPNA in 3 months or Discretionary Denial of Payment for New Admissions (DDOPNA) in less time

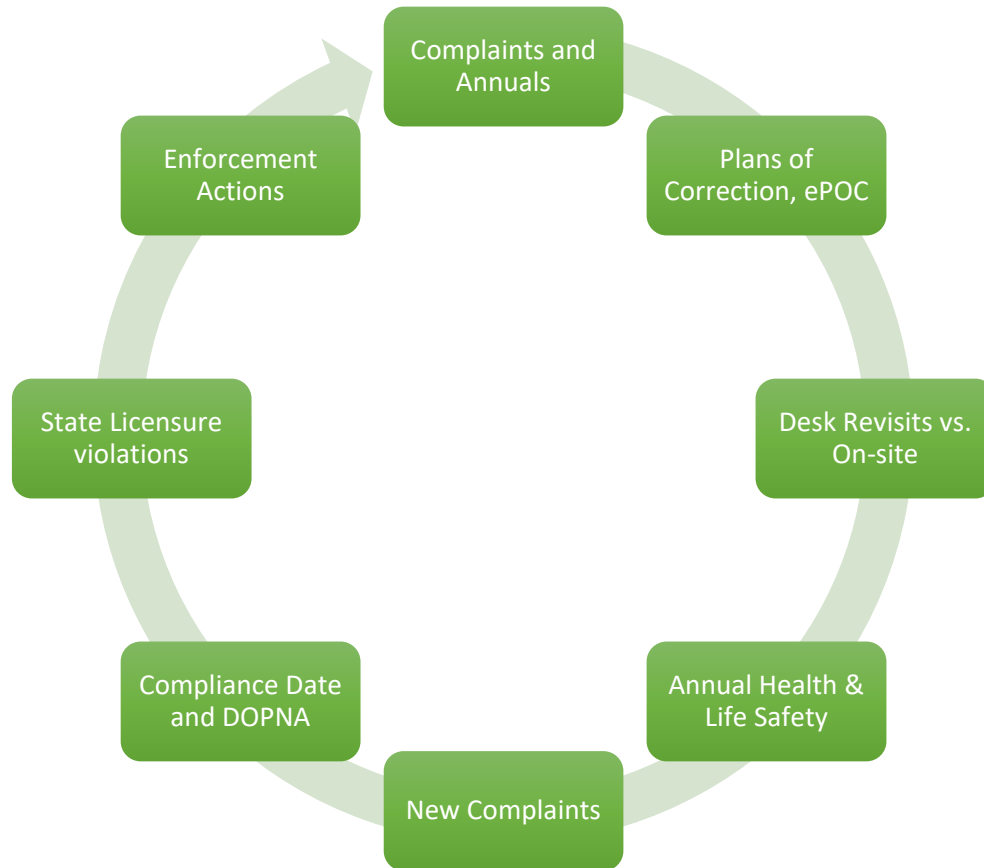
Termination in 6 months

Other remedies may be imposed, recommended or imposed

With “A,” “B,” or “C” must still submit POC or correct- but are considered in substantial compliance.



## Enforcement Process (cont'd)



# Enforcement Cycle Information

# National and State Policy Agenda

## Future Policy/Regulatory Agenda

- ▶ “. . . federal and state governments, nursing homes, health care and social care providers, payers, regulators, researchers, and others need to make clear a shared commitment to the care of nursing home residents. Fully realizing the committee’s vision will depend upon the collaboration of multiple partners to honor this commitment to nursing home residents, their chosen families, and the staff who strive to provide the high-quality care every resident deserves.”
- ▶ National Academies of Sciences, Engineering, and Medicine 2022. The National Imperative to Improve Nursing Home Quality: Honoring Our Commitment to Residents, Families, and Staff. Washington, DC: The National Academies Press.  
<https://doi.org/10.17226/26526>.

# National Policy/Regulatory Agenda

Establish minimum staffing

Increased regulatory oversight/enforcement

Technical Assistance

Transparency

Improving staffing/workforce sustainability



# Illinois Policy/Regulatory Agenda 2022



Quality Improvement



IDPH/Industry collaboration



State agency collaboration



Civil Money Penalty distribution



Infection control/COVID 19



Staffing Rules



Modernizing Website



Strikeforce CDC Grant

CASPER Report of Enforcement Actions, 2019-2022

National Academies of Sciences, Engineering, and Medicine 2022. The National Imperative to Improve Nursing Home Quality: Honoring Our Commitment to Residents, Families, and Staff. Washington, DC: The National Academies Press. <https://doi.org/10.17226/26526>.

Nursing Home Care Act, 210 ILCS 45. 210 ILCS 45

Fact sheet: Protecting seniors by improving safety and quality of care in the nation's nursing homes. The White House. February, 2022. Skilled Nursing & Intermediate Care Facilities Code 77 Ill.Adm.300

Sheltered Care Facilities Code 77 Ill.Adm.330

Intermediate Care for Developmentally Disabled Facilities Code 77 Ill.Adm.350

Community Living Facilities Code 77 Ill.Adm.380

Specialized Mental Health Rehabilitation Facilities Code 77 Ill.Adm.380

## References

# QUESTIONS

# About CE credit

## **Administrator credit**

This program has been approved for one clock hour of continuing education credit by the National Continuing Education Review Services (NCERS) of the National Association of Long-Term Care Administrator Boards (NAB).

Approval #20230817-1-A86231-DL

## **Nursing credit**

This program has been approved for one clock hour of continuing education credit by The Illinois Board of Nursing, an approved sponsor of continuing education by the Illinois Department of Professional Regulation.

## Obtaining CE credit

- ▶ Complete the evaluation at the conclusion of this program:
  - In your web browser
  - Also emailed immediately following this program
- ▶ For those sharing a computer to view the webinar:
  - Submit your sign-in sheet to the email address listed on the form
  - Each participant will then be emailed a link to the evaluation
  - Each person must complete an evaluation to receive CE credit
- ▶ Certificates should be **emailed in the next 30 days**

## Want more CE after this?

## Look for our upcoming webinars:

- Sep:** *Happenings on the Hill – Updates on LTC Initiatives and Legislation*
- Oct:** *Recruitment, Retention & More in the New Normal*
- Nov:** *Long-Term Care @ Home*
- Dec:** *Cyber-Security & HIPAA Compliance*

**THANK YOU!**